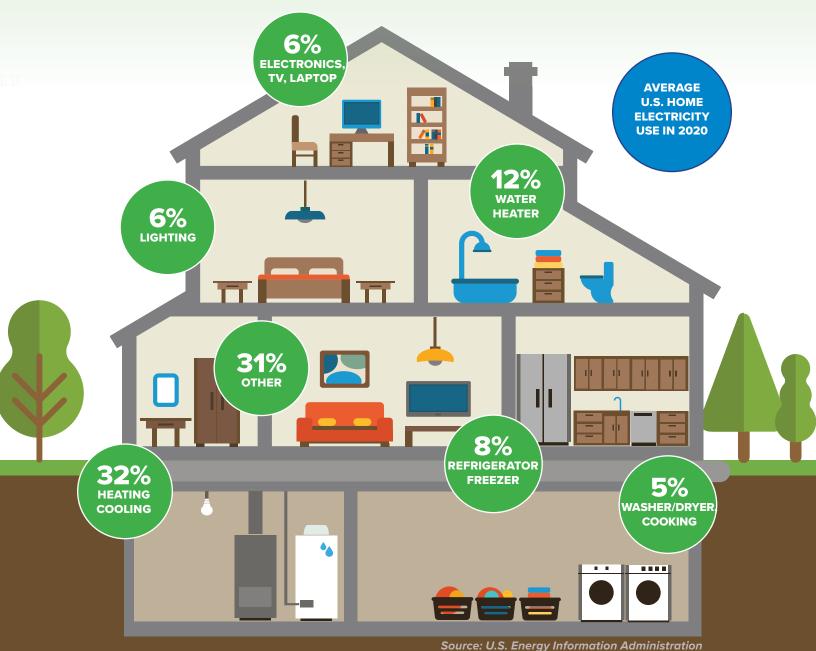
BE POWER WISE

Conservation is another way to support a carbon-free electricity future. When we use less power, fewer power plants are needed to meet our electricity needs. Electricity conservation is a priority in the Northwest to meet growing demand. We now save enough electricity each year to meet the power needs of five cities the size of Seattle. Thanks to these savings, the Northwest avoids 22 million tons of carbon dioxide emissions going into the atmosphere each year.

Where do we use energy in our homes?



BE POWER WISE CHECKLIST

HEY, POWER SQUAD! Meet with your family members and check off the energy conservation tips that you are doing now and others that you plan on doing soon to save energy. A little bit adds up!

Check the things you are doing, or will do, to conserve electricity	I Do It Now: SCORE 2	I Will Do It Soon: SCORE 1	
Turn off electronics and other devices			
When leaving a room, <i>turn off</i> TV, computer, lights, video games and other electronics			
Unplug chargers when finished charging			
Heating less water equals using the water	r heater les:	s	
Wait to run the dishwasher until it's full			
Take shorter showers			
Talk to my family about using <i>low-flow</i> shower heads			
Help keep the heat in when it's cold outsi in when it's hot outside	de, and the	cool air	
Keep doors closed to keep warm air in during cold weather, and cool air in during hot weather			
<i>Close curtains or blinds</i> to keep sun out during hot weather and retain warmth indoors during cold weather			
When it's time for new lights, appliances, air conditioning or heating systems			
Talk to your family about using <i>LED</i> energy-efficient light bulbs			
Show your family the EnergyStar logo and talk about what it means for conserving electricity, learn more at energystar.gov			
Tally your scores for each column			
ADD UP YOUR SCORES FOR YOUR POWER SAVER TOTAL!	-	F	

JOIN OUR POWER SQUAD

Using less power adds up to protecting the environment.

Conservation (like turning the lights off when not using them) and efficiency (like converting from incandescent light bulbs to LED lights) makes it happen.

Thanks to these actions, the Northwest avoids more carbon dioxide emissions than what 4 million cars would produce air each year.

> Are you in the Power Saver Squad? Draw us your super suit!

YOUR POWER SAVER SCORE:

Power Hero:	16- 18
Power Star:	11 - 15
Power Lifter:	6 - 10
Power Starter:	0 - 5

TOTAL