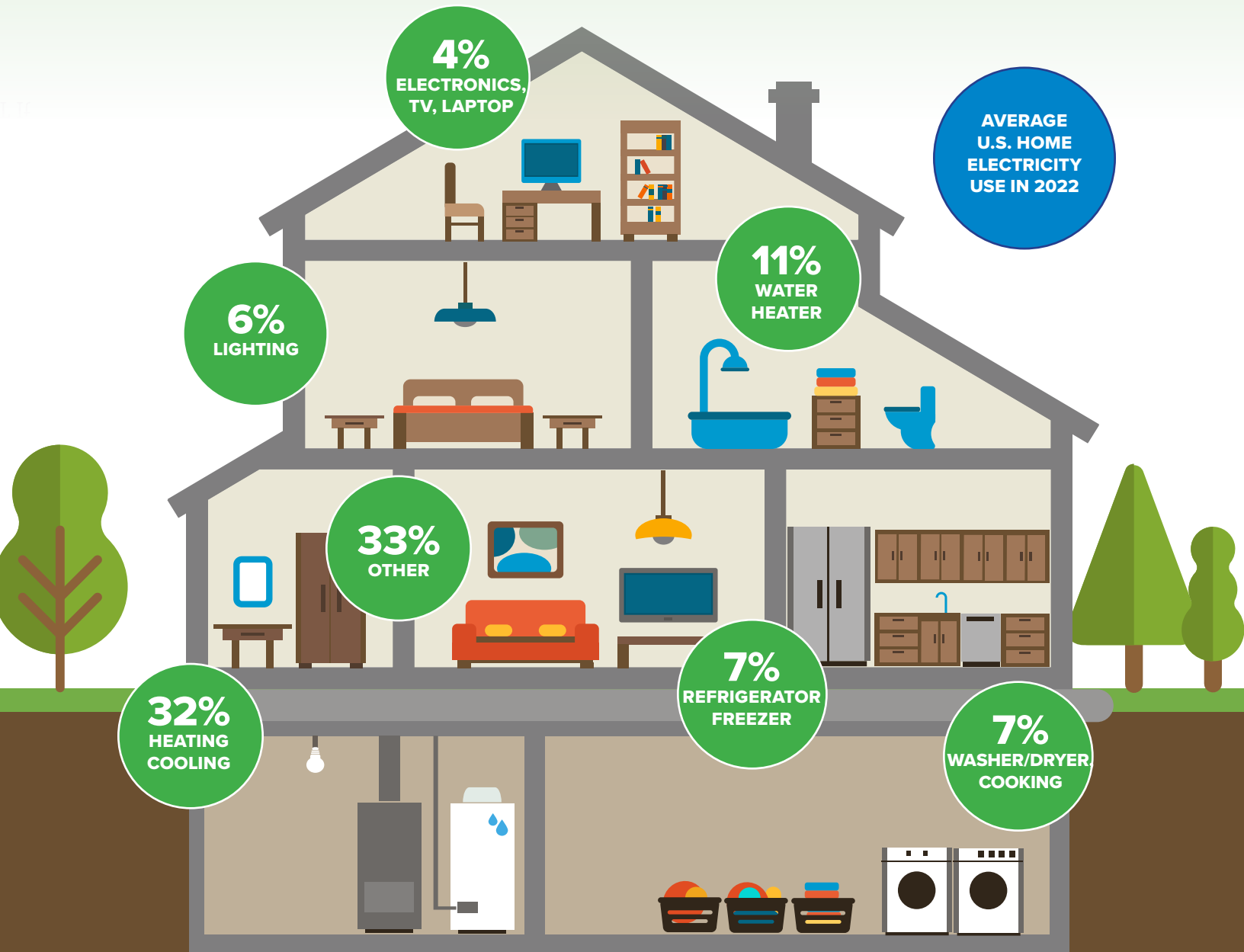


BE POWER WISE

Conservation is another way to support a carbon-free electricity future. When we use less power, fewer power plants are needed to meet our electricity needs.

Electricity conservation is a priority in the Northwest to meet growing demand. We now save enough electricity each year to meet the power needs of five cities the size of Seattle. Thanks to these savings, the Northwest avoids 22 million tons of carbon dioxide emissions going into the atmosphere each year.

Where do we use energy in our homes?



Source: U.S. Energy Information Administration

**BE POWER WISE
CHECKLIST**

HEY, POWER SQUAD! Meet with your family members and check off the energy conservation tips that you are doing now and others that you plan on doing soon to save energy. A little bit adds up!

Check the things you are doing, or will do, to conserve electricity

I Do It Now: SCORE 2	I Will Do It Soon: SCORE 1
---------------------------------	---------------------------------------

Turn off electronics and other devices	I Do It Now: SCORE 2	I Will Do It Soon: SCORE 1
When leaving a room, <i>turn off</i> TV, computer, lights, video games and other electronics		
Unplug chargers when finished charging		
Heating less water equals using the water heater less		
Wait to run the dishwasher until it's <i>full</i>		
Take shorter showers		
Talk to my family about using <i>low-flow</i> shower heads		
Help keep the heat in when it's cold outside, and the cool air in when it's hot outside		
Keep doors closed to keep warm air in during cold weather, and cool air in during hot weather		
<i>Close curtains or blinds</i> to keep sun out during hot weather and retain warmth indoors during cold weather		
When it's time for new lights, appliances, air conditioning or heating systems		
Talk to your family about using <i>LED</i> energy-efficient light bulbs		
Show your family the EnergyStar logo and talk about what it means for conserving electricity, learn more at energystar.gov		
Tally your scores for each column		
ADD UP YOUR SCORES FOR YOUR POWER SAVER TOTAL!	+	TOTAL

Using less power adds up to protecting the environment.

Conservation (like turning the lights off when not using them) and efficiency (like converting from incandescent light bulbs to LED lights) makes it happen.

Thanks to these actions, the Northwest avoids more carbon dioxide emissions than what 4 million cars would produce air each year.

Are you in the Power Saver Squad?
Draw us your super suit!



YOUR POWER SAVER SCORE:

- Power Hero: 16 - 18
- Power Star: 11 - 15
- Power Lifter: 6 - 10
- Power Starter: 0 - 5